

BF: Patients with primary liver cancer were treated with either the standard therapy or a combination of standard therapy and 40 milligrams per day of pravastatin. Median survival increased from nine months among patients treated with only standard therapy to eighteen months when using pravastatin plus standard therapy. When one considers the other integrative therapies available to treat primary liver cancer, the use of compounds that suppress ras oncogene expression offers tremendous potential.

SS: What else can we do to protect ourselves?

BF: As a result of normal aging, the loss of bone mineral density results in the release of a compound that can fuel tumor cell propagation; it's called transforming growth factor. This problem is especially insidious in breast and prostate cancer patients, where tumor cells have a proclivity to invade healthy bones, degrade them, and cause the release of even higher amounts of transforming growth factor. All cancer patients should take extraordinary steps to maintain their bone density, including consuming lots of vitamin D₃, vitamin K₂, and minerals such as boron, magnesium, and calcium. Cancer patients with evidence of circulating tumor cells should also consider an injection of a bisphosphonate drug called Zometa to reduce the ability of tumor cells to bind to bone. Remember, the release of growth factors from bone into the bloodstream can fuel cancer cell growth, so it is important for cancer patients to be especially vigilant in maintaining their bone structure. This is another critical area of cancer treatment so often overlooked by mainstream oncologists.

SS: Wow. There's a lot of incredible information here. Is there any place where cancer patients can access your full menu of recommended treatments?

BF: There is, Suzanne. If your readers visit your website and click on Life Extension, they can review an in-depth article we maintain, titled "Cancer Treatment: The Critical Factors." We also maintain at this site our cancer surgery protocol, along with articles that describe the best ways to optimize all cancer treatments.

SS: What about patients with advanced stages of cancer who have failed toxic conventional treatments because they did not know to call Life Extension first?

BF: We have helped quite a few patients drive advanced disease into remission and even attain outright cure.

SS: How have you done that?

BF: Through the International Strategic Cancer Alliance. This group consists of a dedicated team of clinical oncologists and researchers who think way outside the box to deliver evidence-based therapies that are